

PARENTS OF AUTISTIC CHILDREN SHOW DEPRESSIVE SYMPTOMS

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Abstract

The children's diagnose with autism it's a very difficult period for the parents. Autism is considered to be a dysfunctional brain since it's born, the person who suffers from autism lives with this fact during his hole life. This dysfunctional stops people to understand properly what they see, hear and feel, this causes serious problems not only to this person, it causes problems to the parents too. The aim of this study is the exploration of the effects that the children has on his parents based on the parent's past on what they have lived and from their point of view. The searching method for this study was useful .For the collection of the information was used the test of the depression Beck in 20 parents of the children with autism and a questionnaire. It resulted that the child with autism has a psychologic and emotional effect on his parents, and the parents many times suffer from depressive symptoms. A very important role to the child plays the familiar environment and the specialists. They can help in the integration of the child to community. The main difficult part to the child with autism is the communication which is the reason why they have created some alternative ways of the communication which help this part. The collaboration of the parents with the professionals can bring to the child a good effect.

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